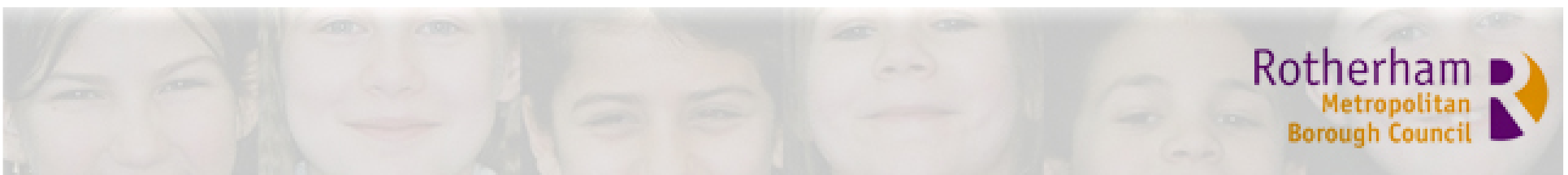


Healthy Schools

Rotherham



- Healthy Schools Beacon Status finalist
- Met Stretch Target - £681'548
- LA Centre of Excellence for Financial Capability
- South Yorkshire trainers for the National PSHE CPD Programme

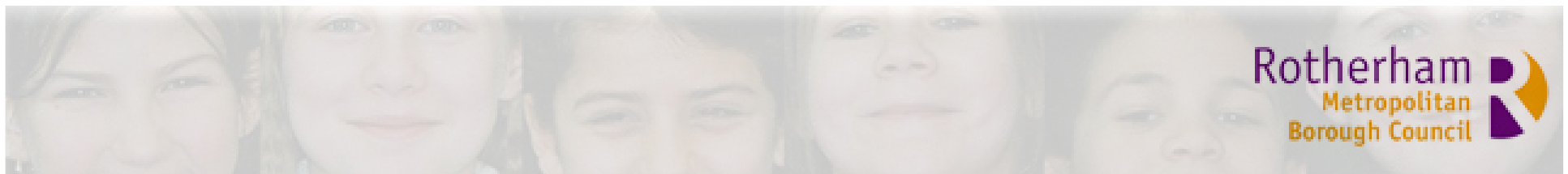




RHS initiative supports school improvement through a whole school approach to health and wellbeing, inclusion and achievement.

Involving whole school community: parents/ carers, governors, staff and pupils in improving H&WB and getting the most out of life.

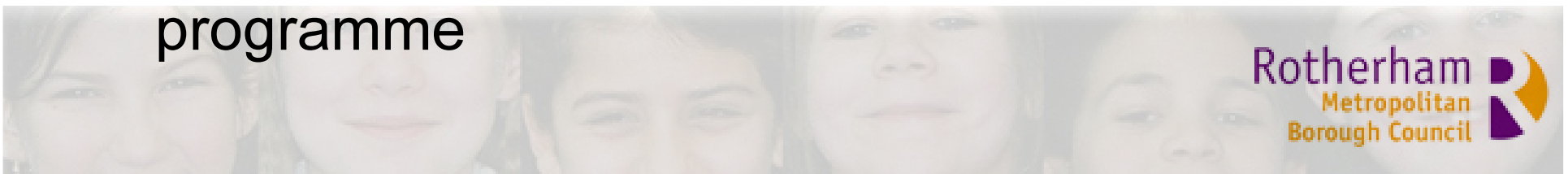
PSHCE is where the curriculum work of HS is explored: K&U enhanced, attitudes & values explored and skills practiced

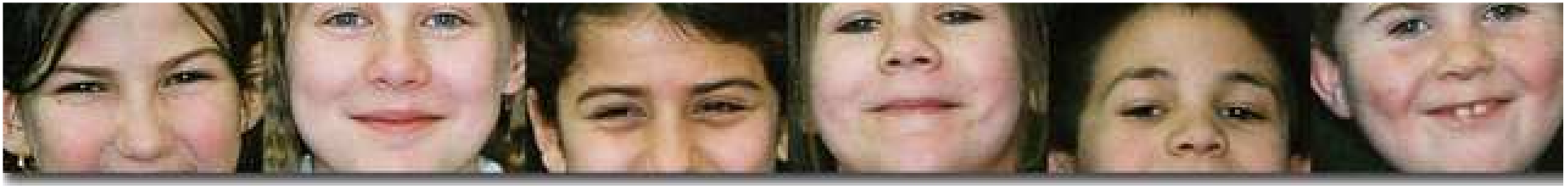




Changing times...

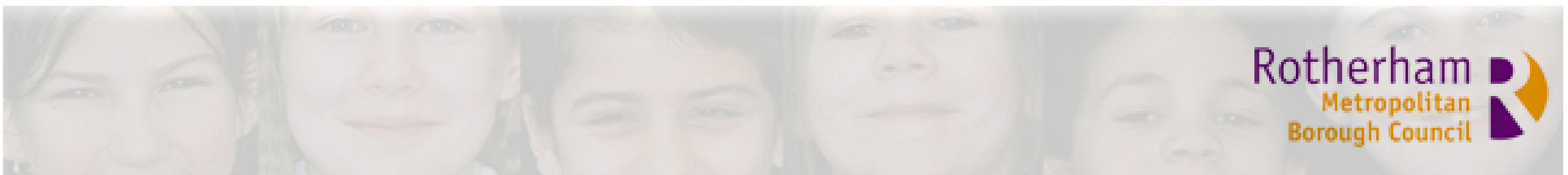
- 5 full time Consultants and 1 project officer & 6 additional attached staff
- Some HS National funding and local funding for TP and Substance misuse
- Nationally driven programme
- 1.4 full time consultants
- No national funding, local funding?
- Locally driven programme





Health & Education partnership

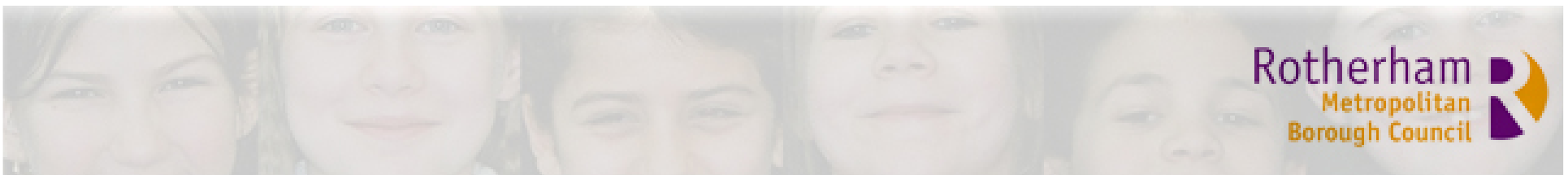
- National and local priorities:
 - *Obesity strategy*
 - *Drug & Alcohol strategy*
 - *Teenage pregnancy strategy*
 - *Prevention and Early Intervention (Early Help)*
 - *Financial Inclusion Strategy*
 - *Tobacco Alliance*





'Health' in all schools:

- Issues which impact on attainment, attendance and behaviour
- Relevant legislation awareness
(smoke free; food in schools; powers to search)
- Learning and teaching PSHE & Cit Curriculum
- Resource Development
- National Consultation PSHE
- Ofsted Inspections – SMSC; attendance and behaviour; anti bullying; whole school and subject inspections





National HS scheme:

(All contribute to ECM outcomes for C&YP)

Personal Social and Health Ed.

(including SRE and Drug Education)

- PSHE provides children and young people with the knowledge, understanding, skills and attitudes to make informed decisions about their lives.

Healthy Eating

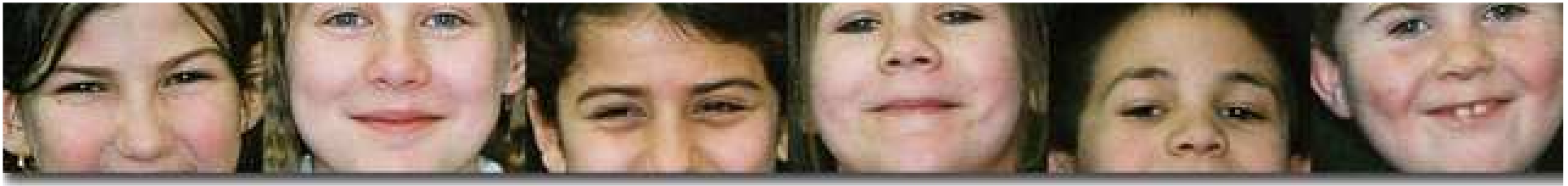
- Pupils have the confidence, skills and understanding to make healthy food choices.

Physical Activity

- understand how physical activity can help them to be more healthy, and how physical activity can improve and be a part of their every day life

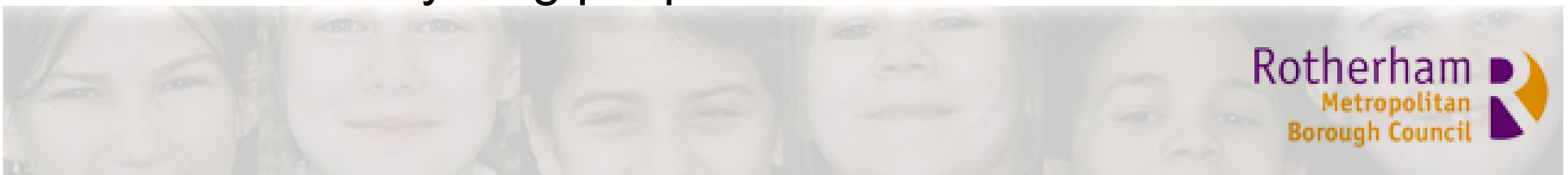
Emotional Health and Well Being

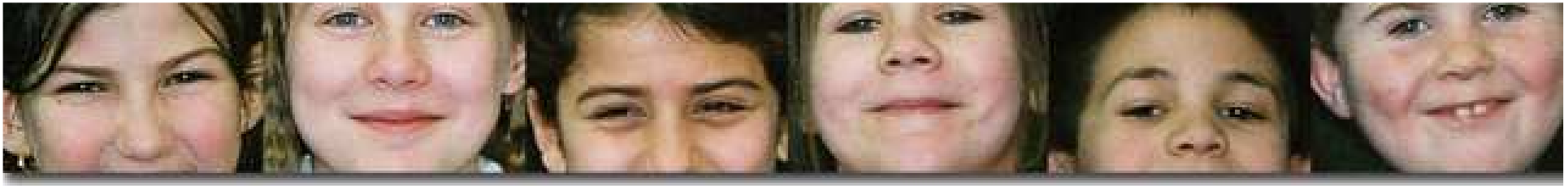
- helps children/young people to understand and express their feelings, and build their confidence and emotional resilience and therefore their capacity to learn



Whole School Review *(provision for H&WB)*

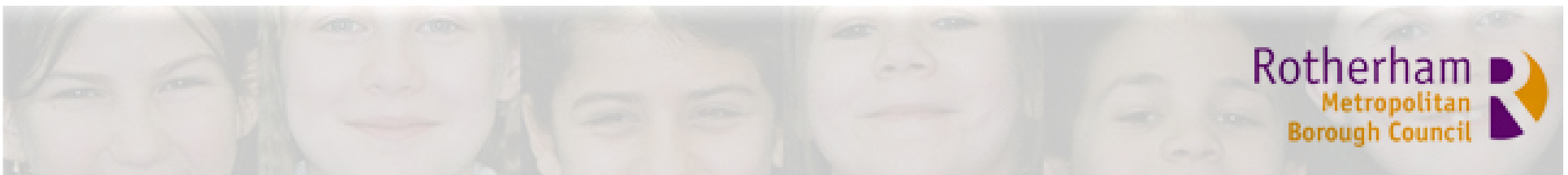
1. Leadership, management and managing change
2. Policy development
3. Learning and teaching, curriculum planning and resourcing
4. School culture and environment
5. Giving children and young people a voice
6. Provision of support services for children and young people
7. Staff continuing professional development (CPD) needs, health and wellbeing
8. Partnerships with parents/carers and local communities
9. Assessing, recording and reporting the achievement of children and young people.





Numbers working with us:

- All schools inc PRU's & Specials
- Re-Accreditation 77/122
- Healthy Foundations Programme





Partnership working:

Task groups:

Physical Activity

Emotional Health & Well Being

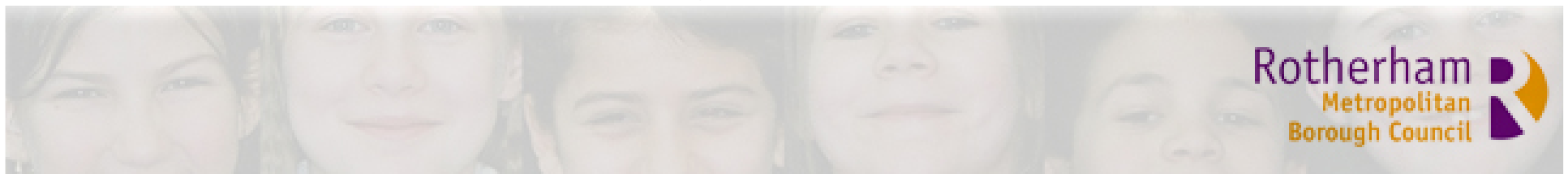
Healthy Eating

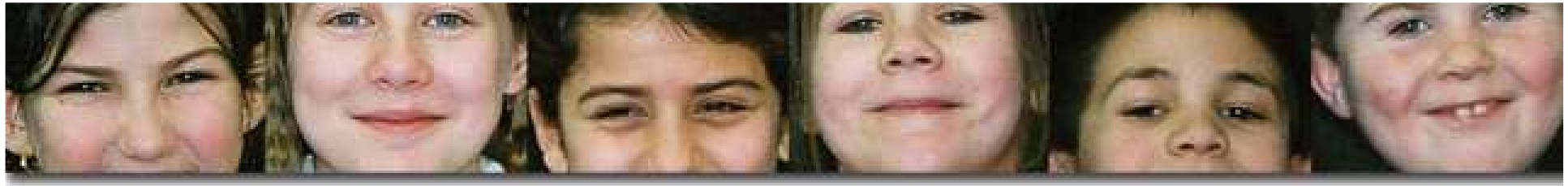
Substance Misuse

Relationships & Sexual Health Ed.

PSHE Leads (*Primary and secondary*)

Sustainability





RoSIP Mission:

All children making at least good progress

Healthy C&YP more likely to be ready to learn; school culture & environment partnerships with parents/carers/communities, pupil voice.

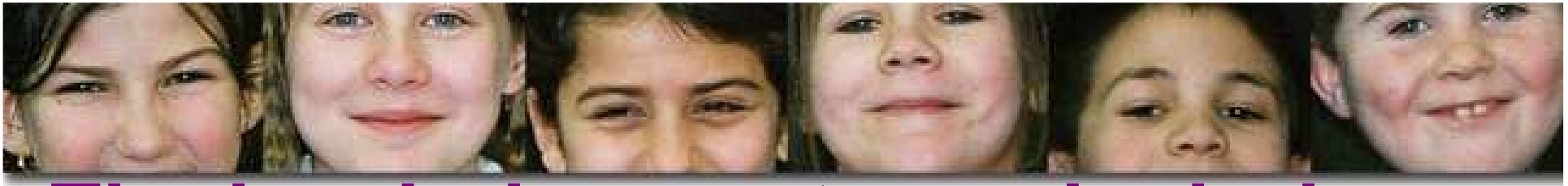
There will be no underperforming cohorts

Prevention and early intervention, referral to helping agencies.

All teachers delivering at least good learning

Learning and teaching, curriculum planning and resourcing, CPD, pupil voice, assessment, recording and reporting

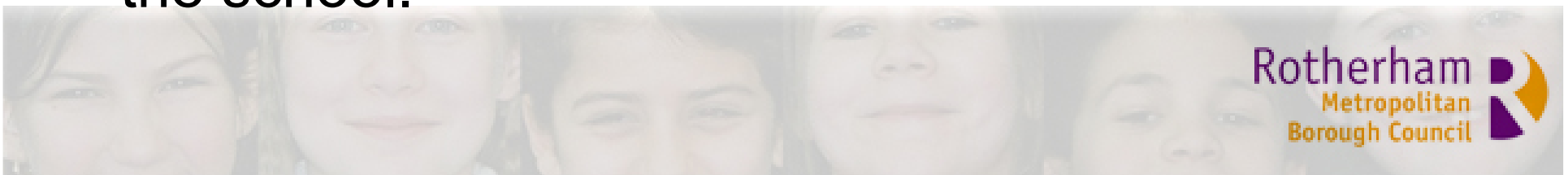
All schools will move to the next level of successful performance. All

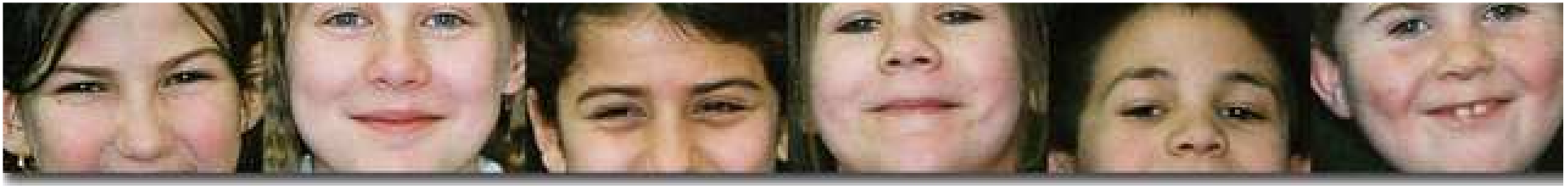


The key judgements made during school Ofsted inspections

Inspectors must judge the quality of education provided in the school – its overall effectiveness – **taking account of four other key judgements:**

- **achievement** of pupils at the school
- quality of **teaching** in the school
- **behaviour and safety** of pupils at the school
- quality of the **leadership** in and management of the school.

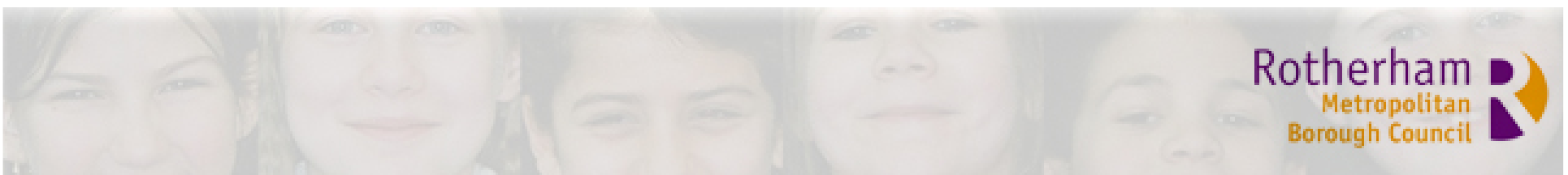




Links to Ofsted inspections

Behaviour and safety of pupils:

- ‘pupils ability to assess and manage risk appropriately and keep themselves safe’
- ‘Pupils attendance and punctuality at schools’
- ‘Pupils behaviour towards and respect for, others.. inc. freedom from bullying’



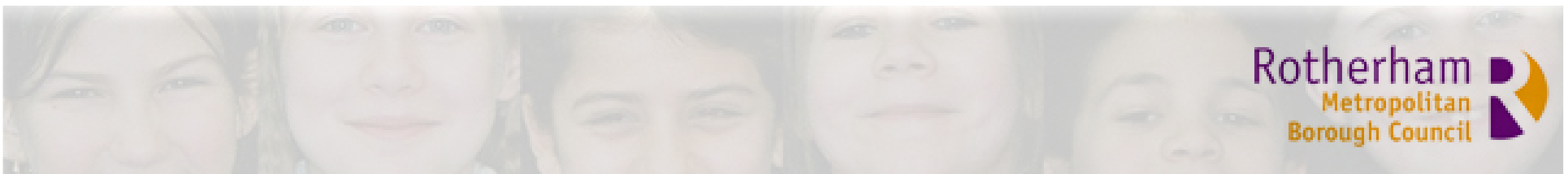


In reporting, inspectors **must** also consider:

- the **spiritual, moral, social and cultural** development of the pupils at the school
- the **extent** to which the **education** provided by the school **meets the needs of the range of pupils** at the school.....

(e.g. lesbian, gay and bisexual, transgender pupils)

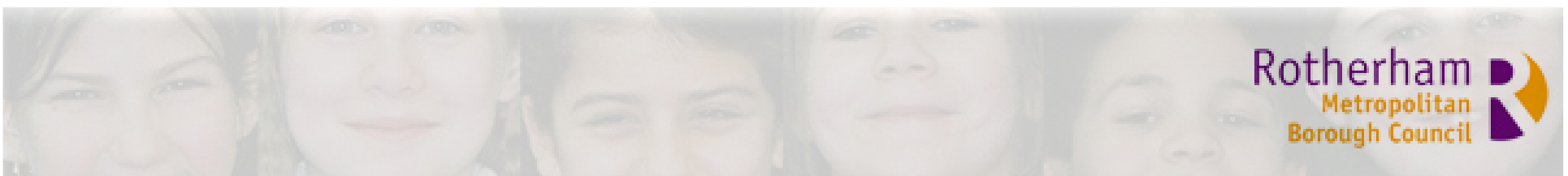
Equality Act 2010

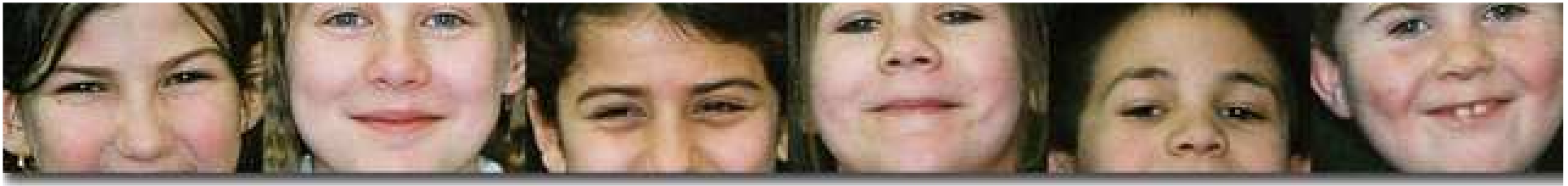




Range of evidence should consider....

- **‘Views expressed by pupils on... safety, harassment, racism, bullying inc. cyber-bullying, homophobic bullying’**
- **‘Extent to which pupils are able to understand and respond to risk e.g. substance misuse, knives and gangs, water safety, fire safety, road/rail safety’**



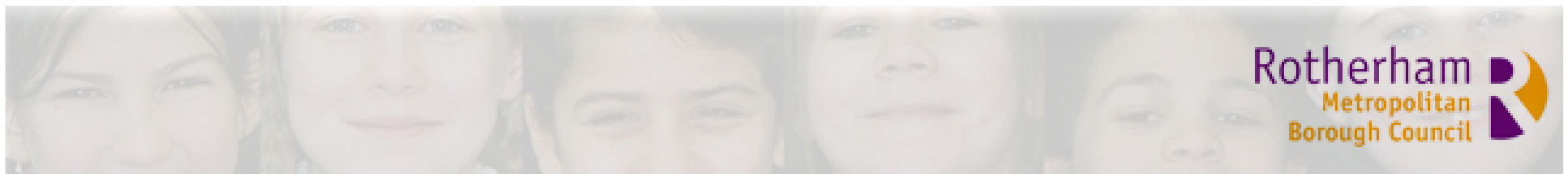


Subject inspections:

– **PSHEe**

– **Citizenship**

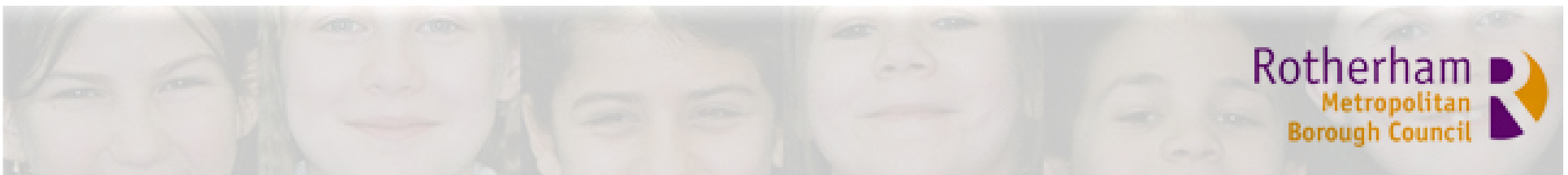
“..pupils’ attainment in relation to national standards ..”





Examples of the impact of two RHS projects

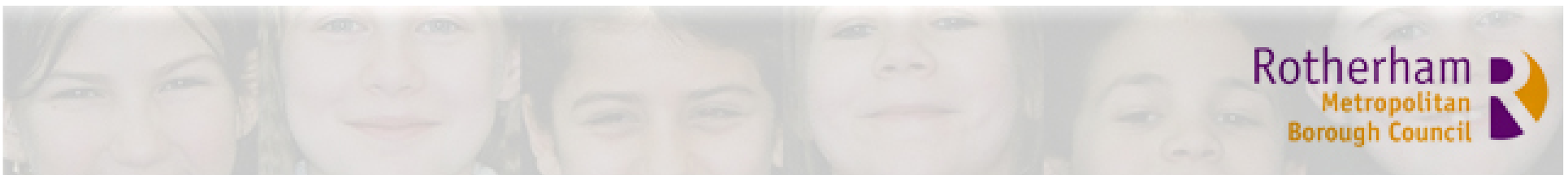
Positive Playgrounds Initiative
& Drug Lifestory





Aims of the Positive Playground initiative:

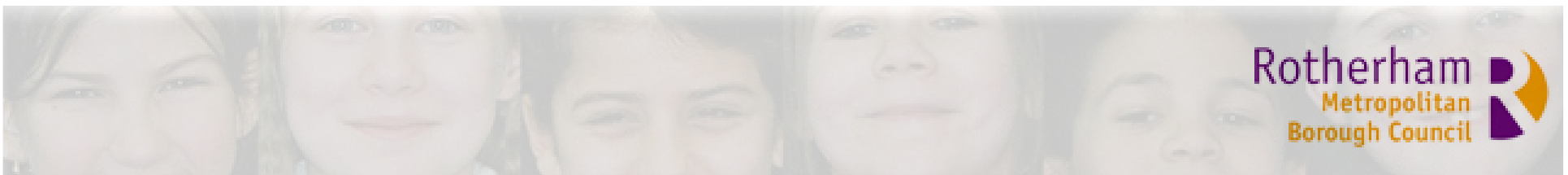
- To improve the **health** of the children
(*contribute towards reduction in obesity*)
- To **reduce incidents** of bullying and antisocial behaviour – **promote inclusion.**
- To help children play together and **develop appropriate moral and social behaviour.**
- To assist in **levels of concentration** in class.





Research in to attainment links:

- Research shows physically active children achieve **higher SATs results** than their counterparts
- Physical activity undertaken early in the day keeps energy and **concentration levels high** for up to 5 hours.
- *Exeter University 2000*

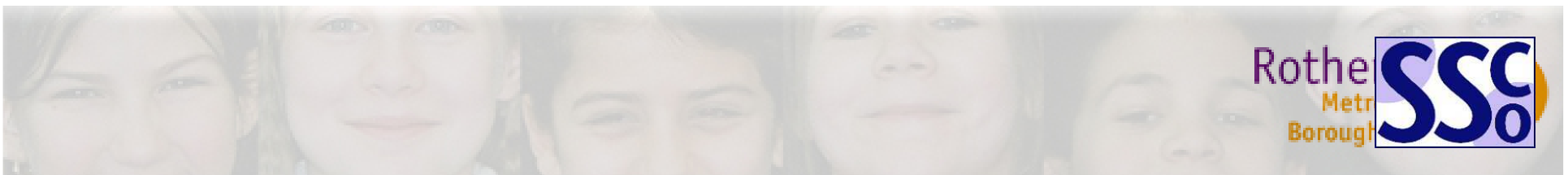


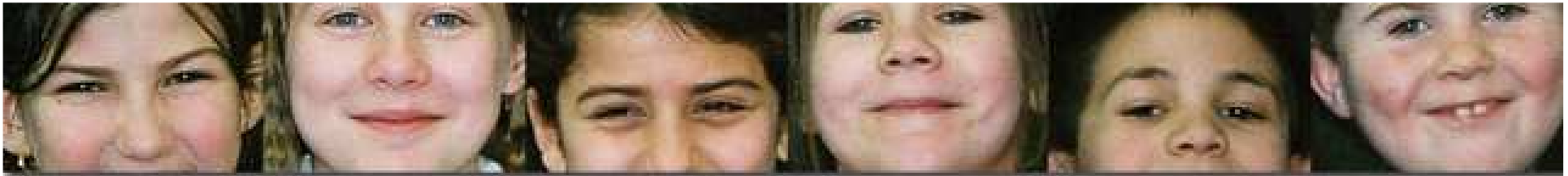


Research indicates that physical activity also has educational benefits which include enhancing academic performance.

QCA case studies

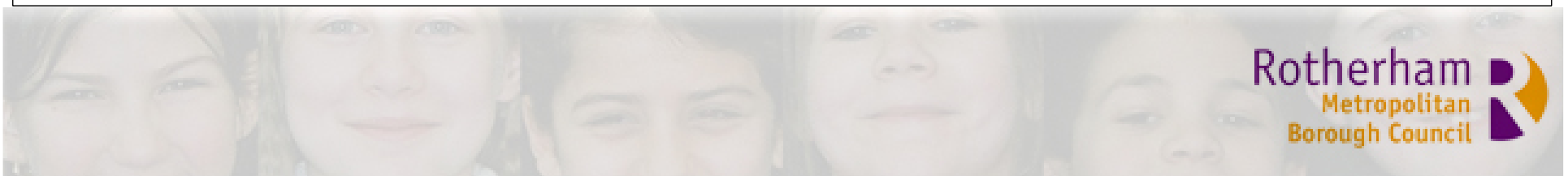
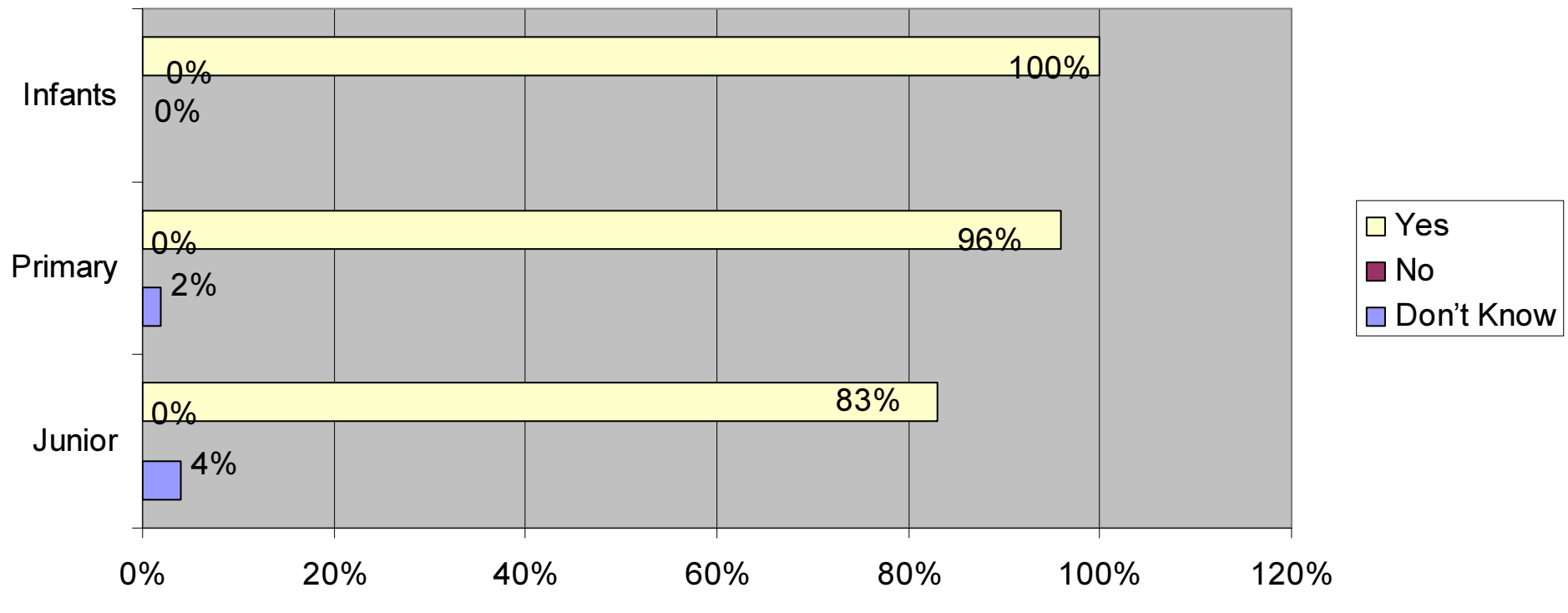
‘Challenging pupils involved in organised activities demonstrated more positive behaviour. Incidents of misbehaviour fell by 75% in total. Teachers were amazed by the effect that playground activities had on pupils’ attitudes to learning after lunchtimes.’

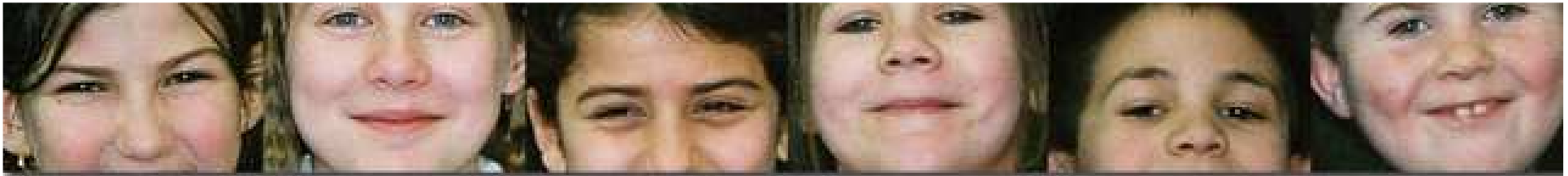




Pupils Enjoyment / Wellbeing Improved

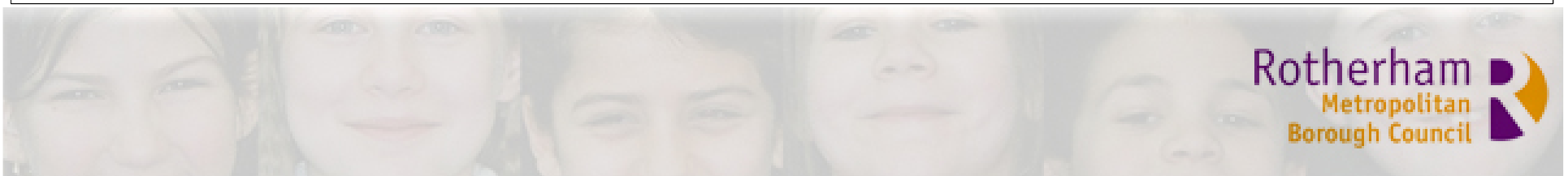
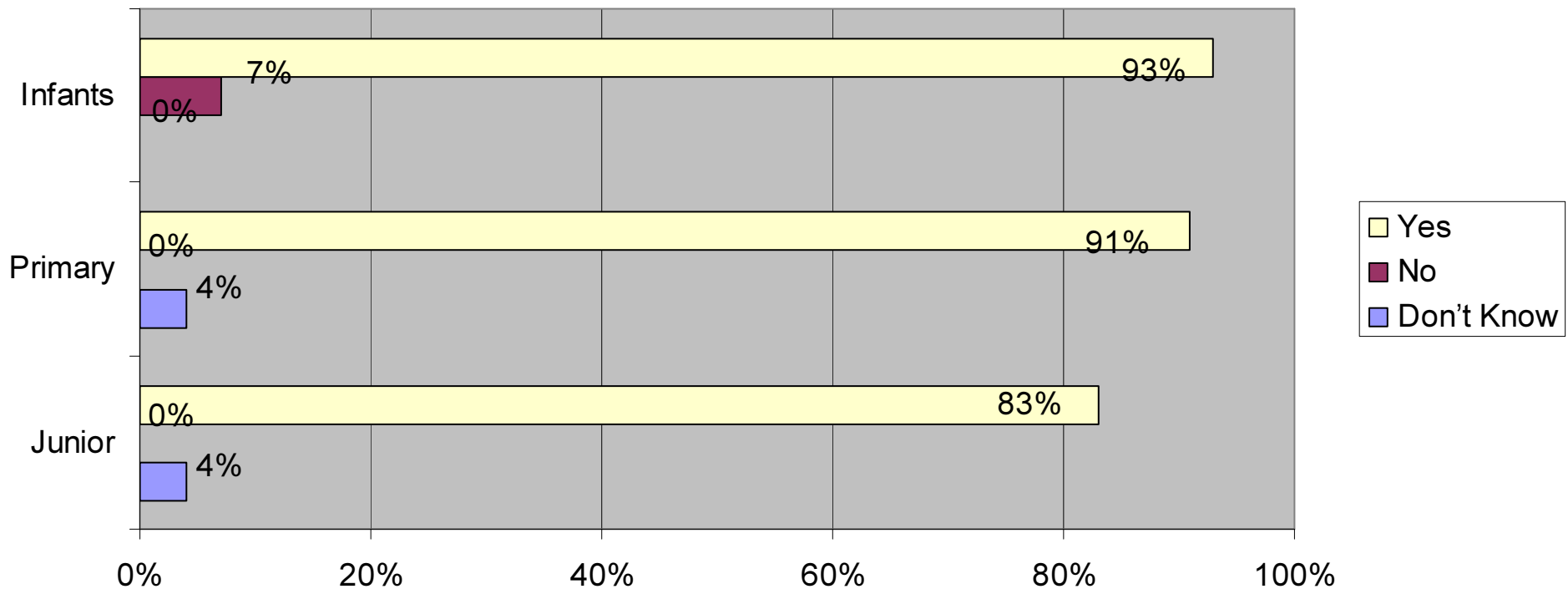
Overall Schools Percentage





The playgrounds have become more inclusive

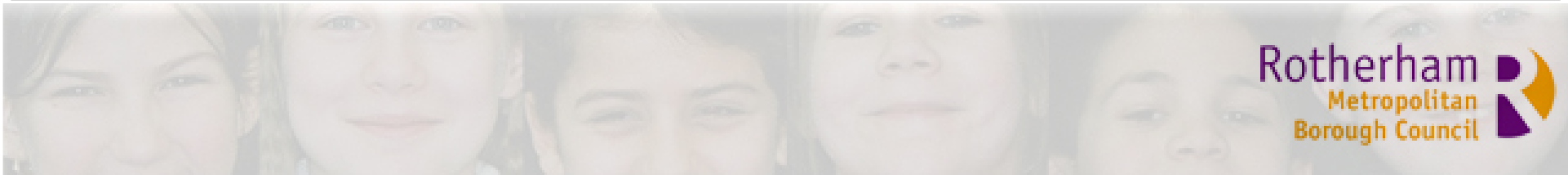
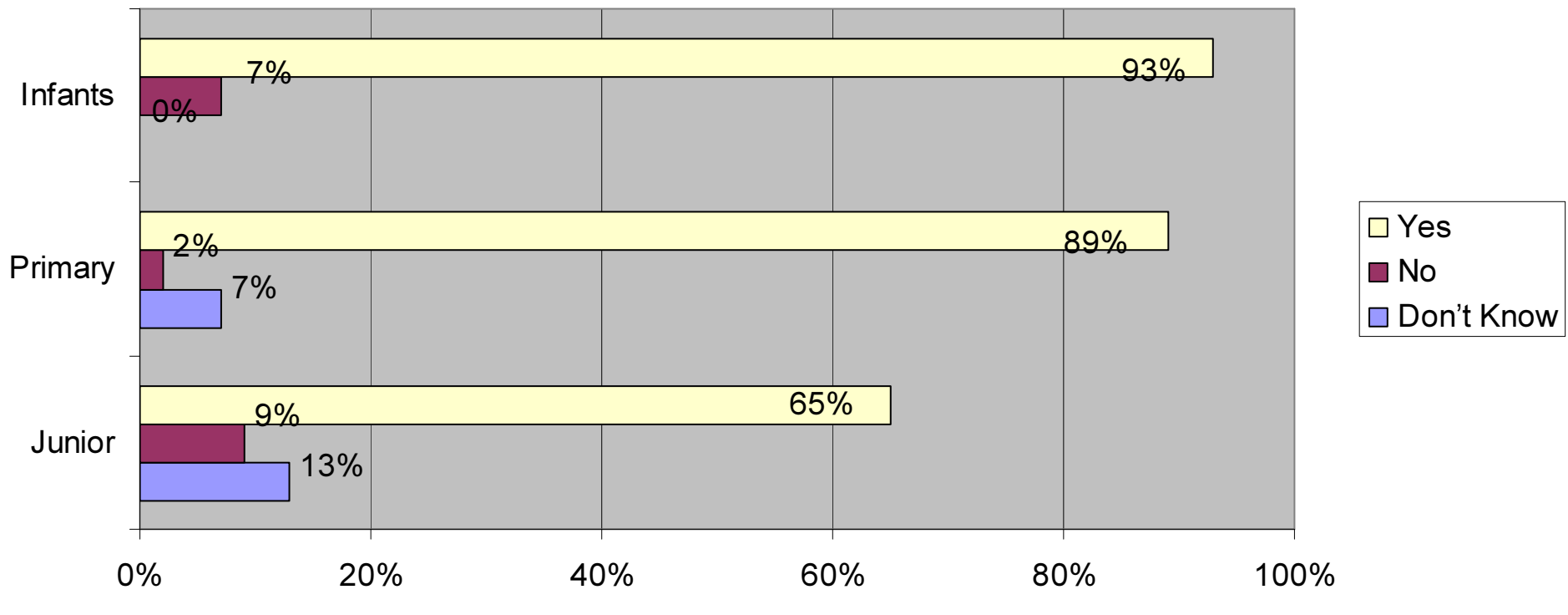
Overall Schools Percentage

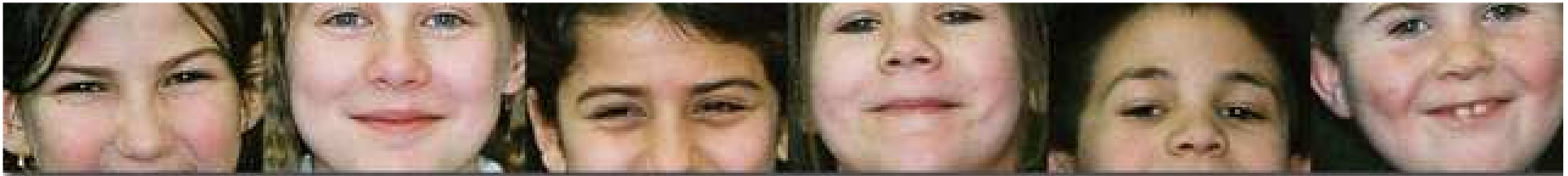




Incidents of Bad Behaviour Reduced

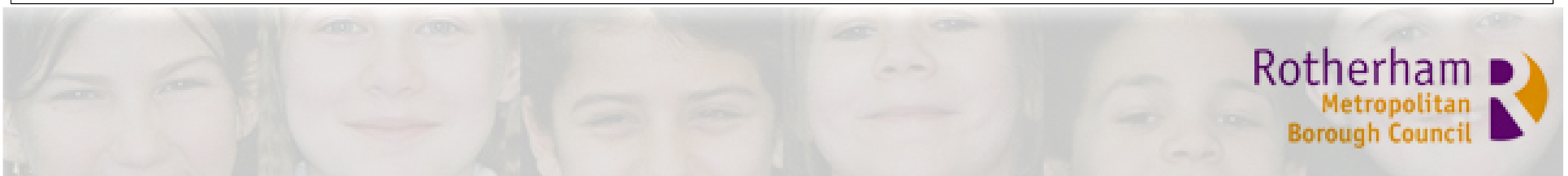
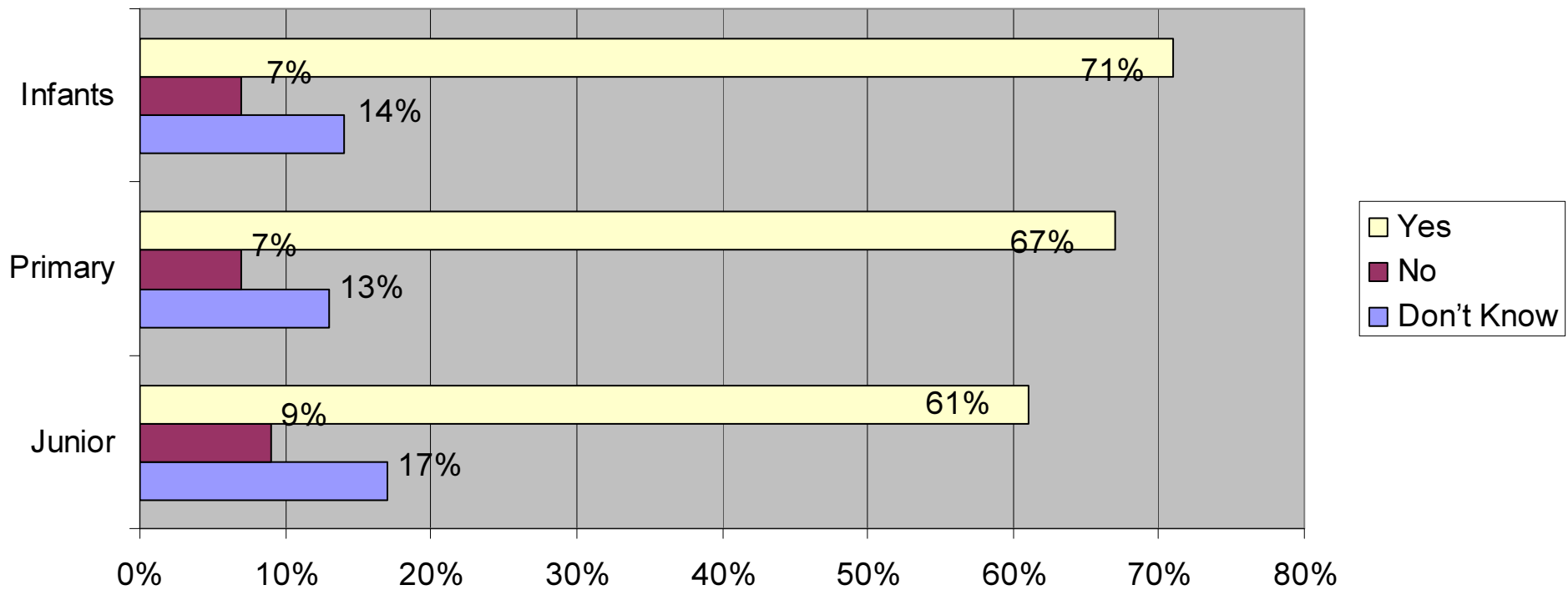
Overall Schools Percentage

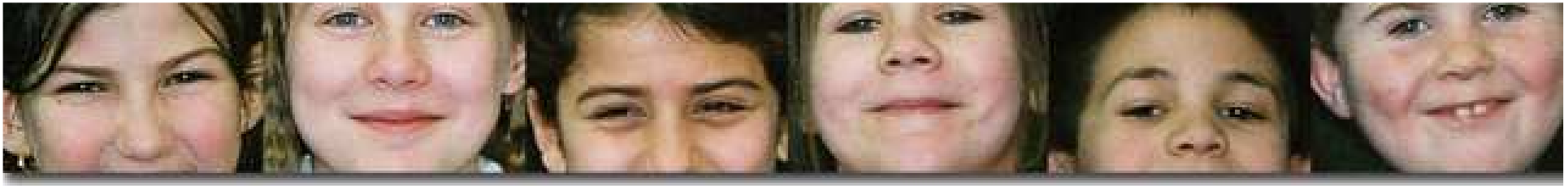




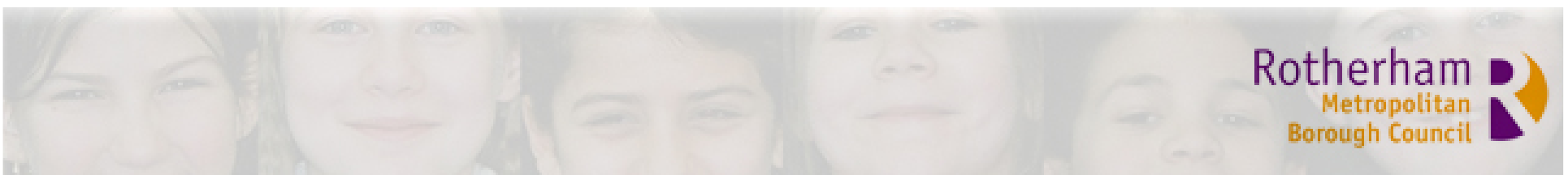
Incidents of Bullying Reduced

Overall Schools Percentage





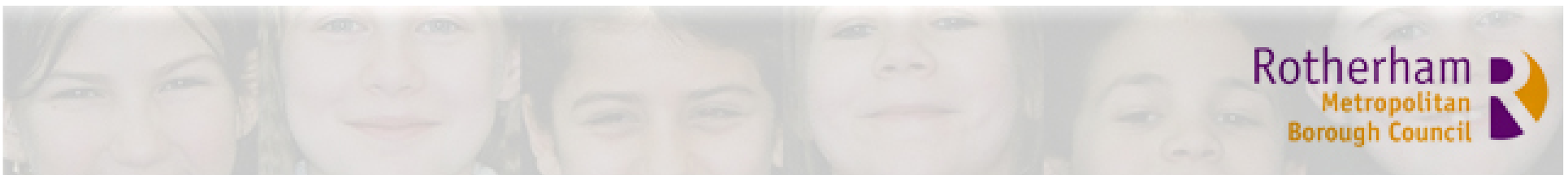
- When OFSTED came – Inspectors were very impressed. Social skills, leadership skills, confidence etc.
- Inclusion is much more obvious.
- Certainly an improvement in poor behaviour.
- More children physically active.
- The relationship between Lunch Time Supervisors and the school has vastly improved (more positive).





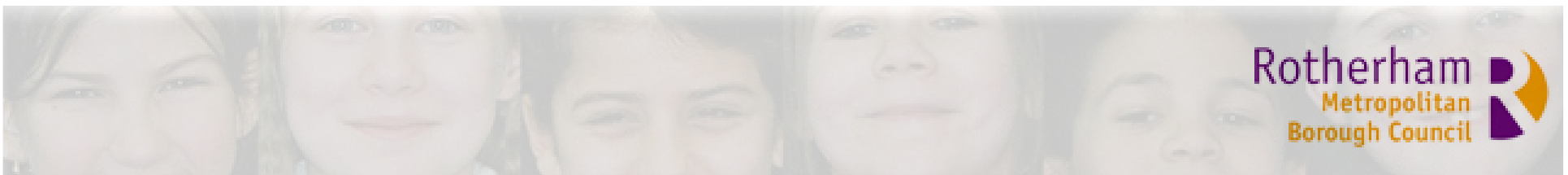
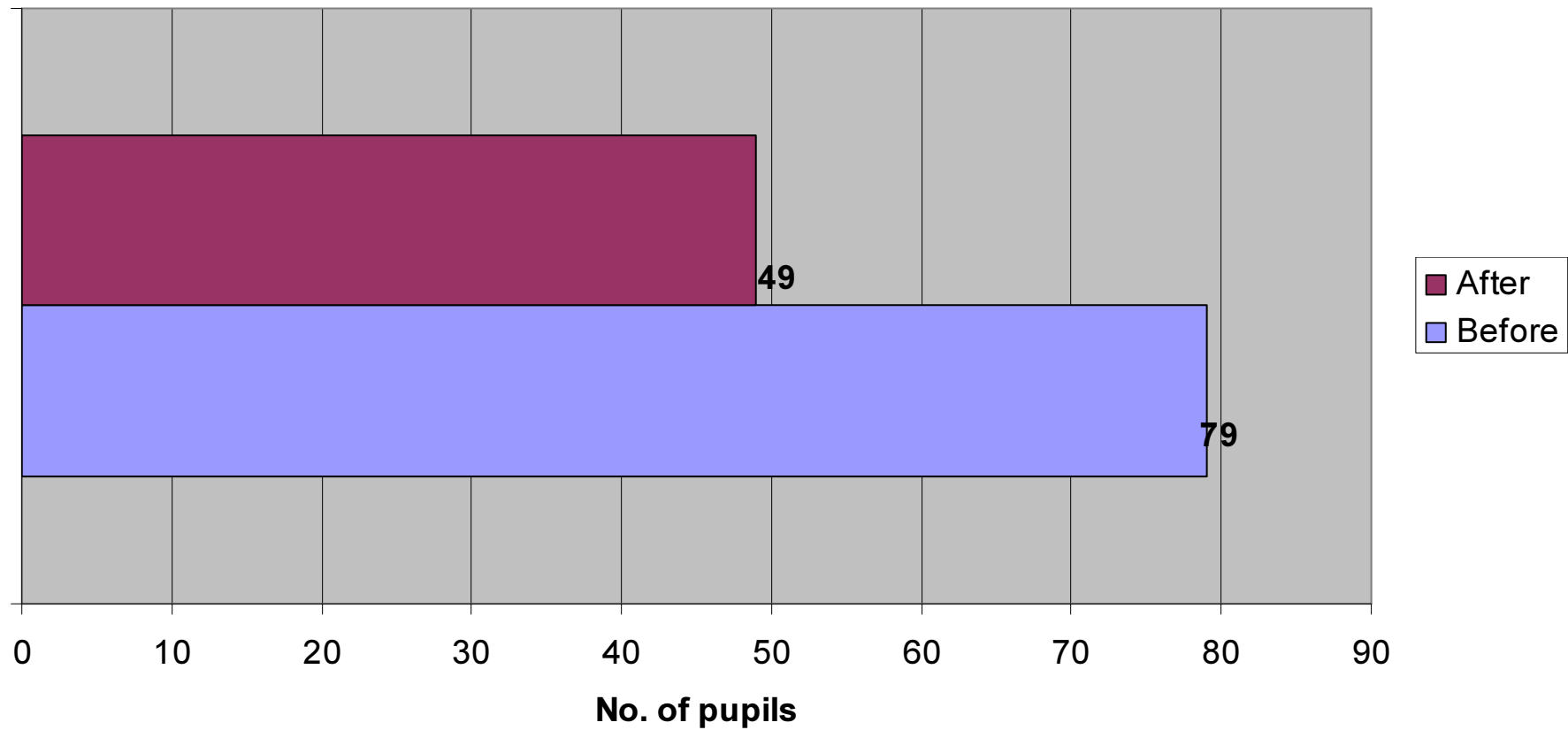
Substance Misuse Lifestory

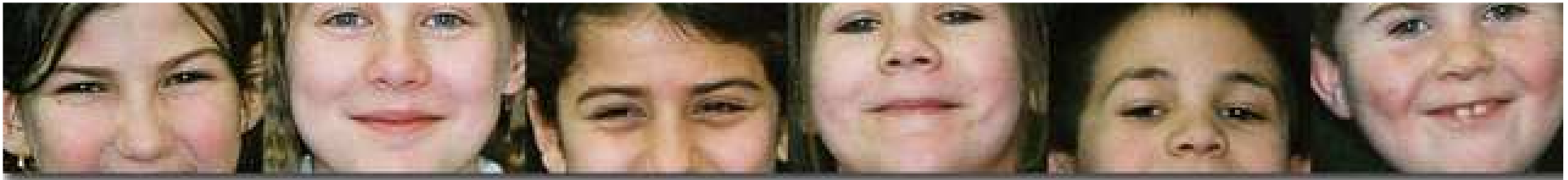
**The impact on 1800 young
people over one year in
Rotherham:**



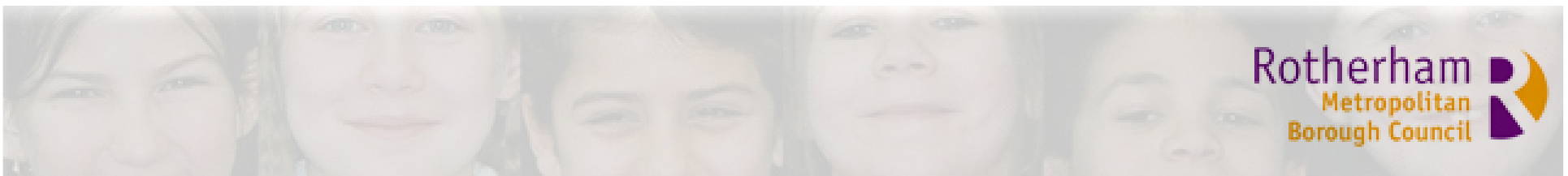
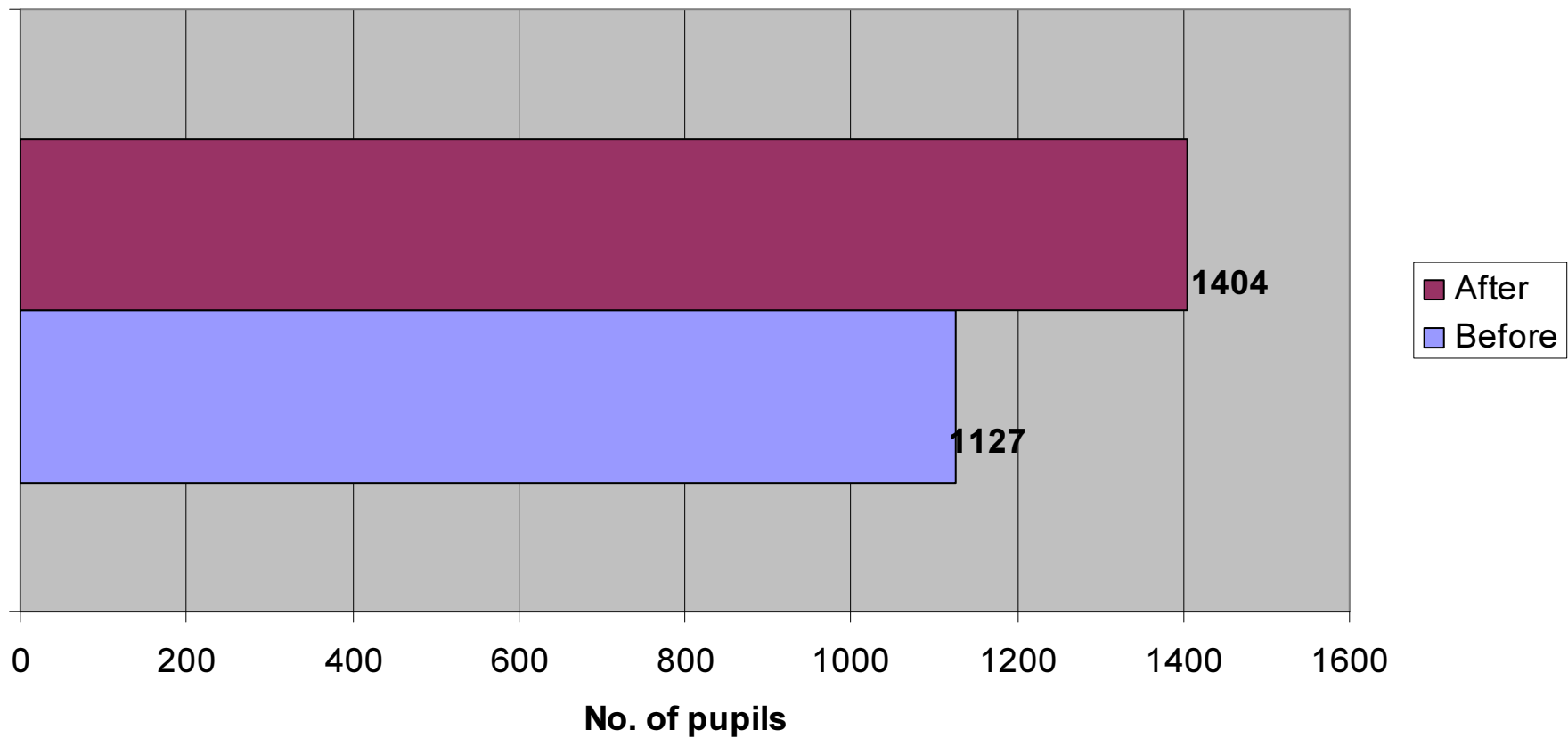


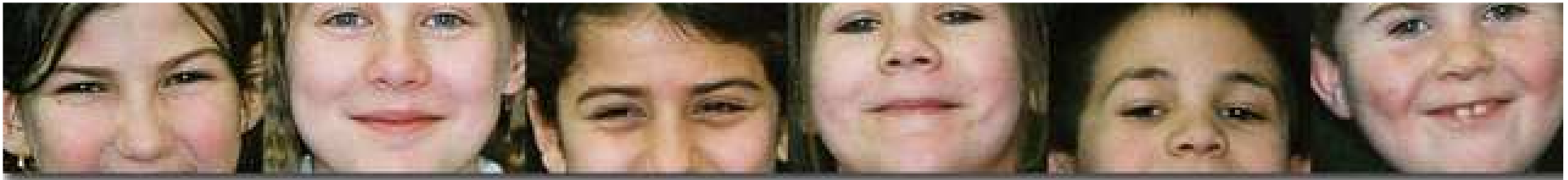
Young people probably or definitely likely to take drugs



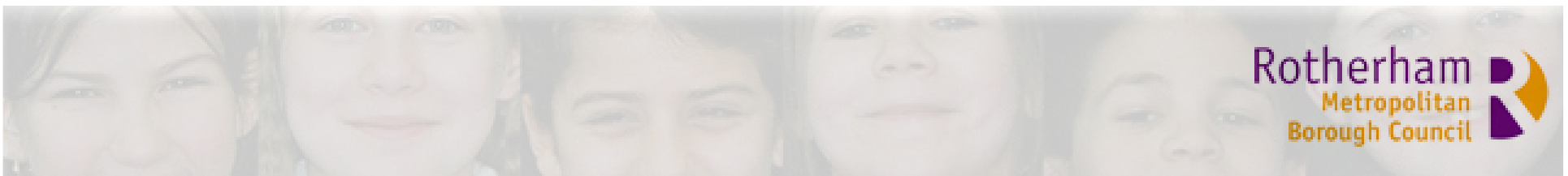
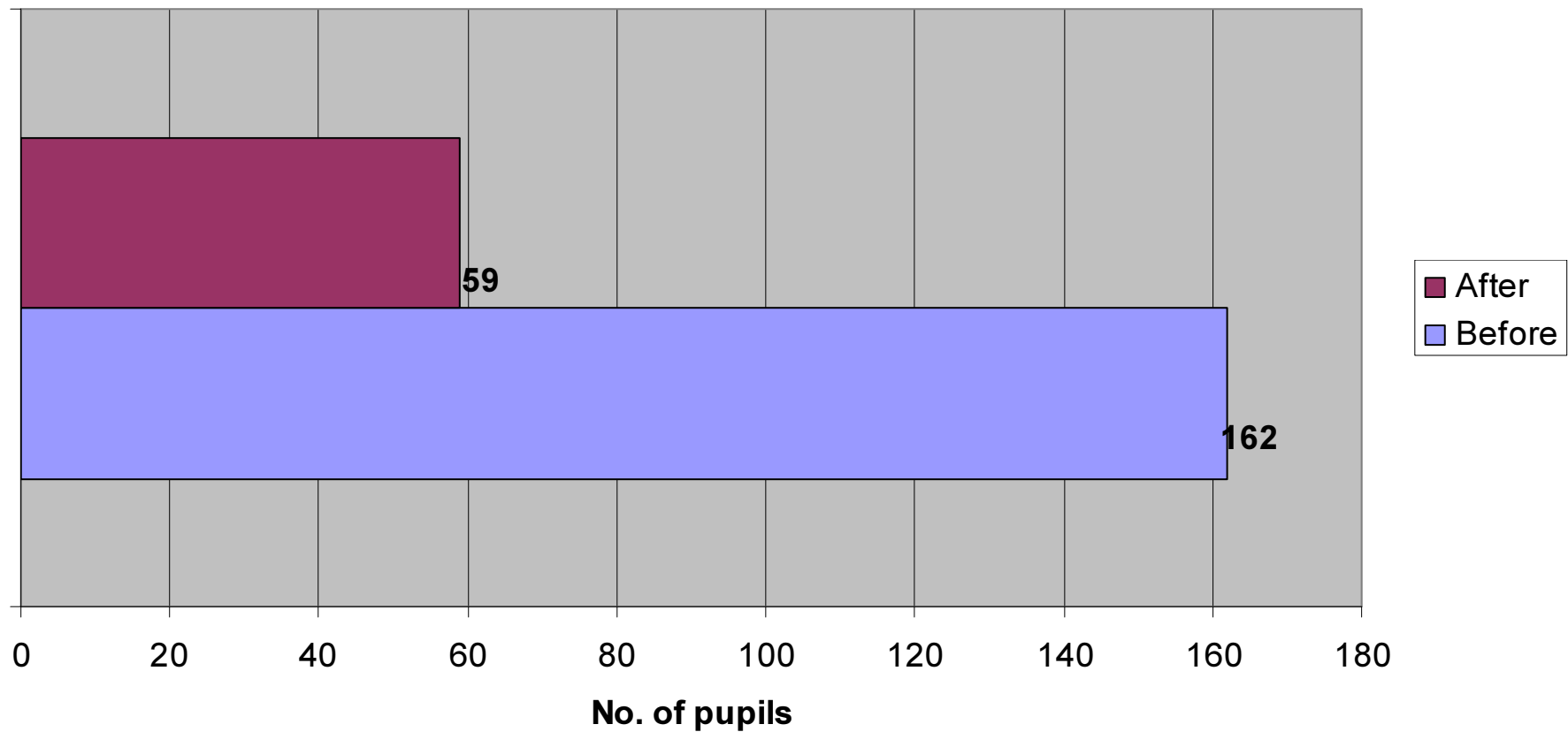


Young people stating they would 'never' take drugs





Young people 'not sure' if they would take drugs in the future



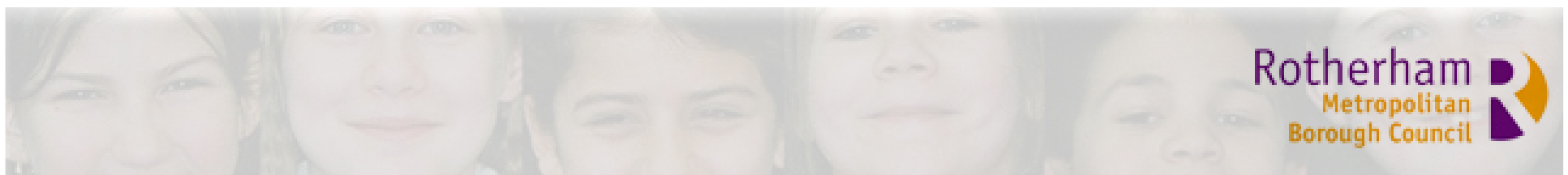


Longer term effects

2&3 years after students had heard the Lifestory Project when asked:

Did your memories of the experience of an ex-drug user stop you from taking illegal drugs?

58% of students who had found themselves in drug using situations had been influenced NOT to participate in drug taking as a result of experiencing the Lifestory Project





Future....? *funding?*

- HS Accreditation and Re-Accreditation
- Schools choose a focus and measure impact
- PSHE support for Leads in schools
- EHWB conference Autumn term.
- LGBT work- homophobic bullying
- Celebration Event
- Sexual exploitation work
- Substance misuse work – updated guidance/ policy
- RSHE work – updated guidance/ policy
- Smoke Free resource for Primary schools
- Continual Professional Development
- Website development
- Rotherham Heart Town
- Positive Playground Support
- Drug Lifestyle?

